



Starling Bird
RESORT

RESTAURANT
MENU

BREAKFAST

MENU

HEALTHY BREAKFAST

TROPICAL FRUITS CUTS
CEREALS (WEETABIX / CORNFLAKES OR RICE-CRISPIES)
PORRIDGE (OATS OR WIMBI)
ARROW ROOTS OR
SWEET POTATOES
BROWN TOAST
BAKED BEANS
GLASS OF FRESH JUICE
COFFEE OR TEA

KSH. Adult-1,200
KSH. Child-800

FULL BREAKFAST

ASSORTED TROPICAL FRUIT CUTS
GLASS OF JUICE
CEREALS(WEETABIX OR CORNFLAKES OR RICE CRISPIES)
CROISSANT OR TOAST
TWO EGGS OF CHOICE
BAKED BEANS
TWO SAUSAGES
BACON RASHES
TEA OR COFFEE OR CHOCOLATE

KSH. Adult-1,350
KSH. Child-1,000



SNACKS & FINGER DELICACIES

SPANISH OMELETTE	----- KSH. 250	EGGS SUNNY-SIDE UP	----- KSH. 200
BOILED EGGS (2PCS)	----- KSH. 150	SAMOSAS (2PCS)	----- KSH. 200
MAHAMRI (2PCS)	----- KSH. 100	CHICKEN WINGS (4PCS)	----- KSH. 300
SAUSAGE (2PCS)	----- KSH. 200	PANCAKES (2PCS)	----- KSH. 200
TOAST (JAM/HONEY/ BUTTER)	----- KSH. 100	FISH FINGERS	----- KSH. 250

HOT BEVERAGES

TEA POT	----- KSH. 250	HOT CHOCOLATE	----- KSH. 300
COFFEE (BLACK)	----- KSH. 150	TEA MASALA	----- KSH. 200
PORRIDGE	----- KSH. 200	HERBAL TEA	----- KSH. 250
BREWED COFFEE	----- KSH. 250	REGULAR DAWA	----- KSH. 300



SANDWICHES

BEEF SANDWICH

BEEF SANDWICH
WITH LETTUCE AND
HORSE RADISH SPREAD

KSH. 750

CHEESE AND TOMATO SANDWICH

SLICED FRESH TOMATOS
WITH CHEDDAR CHEESE AND
MUSTARD SPREAD

KSH. 650

CHICKEN SANDWICH

POACHED CHICKEN SERVED WITH
LETTUCE, PICKLED MANGO AND
MUSTARD SPREAD.

KSH. 650

HAM AND CHEESE SANDWICH

SMOKED HAM SERVED WITH CHEDDAR CHEESE, LETTUCE
AND A THOUSAND ISLAND DRESSING.

KSH. 700

BACON AND EGG SANDWICH

BACON AND EGG SERVED WITH LETTUCE AND
A THOUSAND ISLAND DRESSING.

KSH. 800

All served on plain or toasted white or brown bread with pickled and smothered salads and a handful of French fries

MAIN DISHES

PRIME SIRLOIN STEAK

Prime beef Sirloin steak grilled to perfection and served with peppercorn sauce.

KSH. 1,500

FILLET MIGNON STEAK

Tenderloin of savannah beef fillet, grilled and served with onion and mild pepper sauce.

KSH. 1,300

LAMB CHOPS

Rosemary and garlic flavored chops grilled to your taste, served with mint sauce and assorted vegetables.

KSH. 1,450

PORK CHOPS

Grilled farmers pork chops rubbed with ginger and mustard served & with apple sauce.

KSH. 1,400

MBUZI PLATTER

1 Kg of Chefs cut of goat prepared to your liking (choma / roasted, wet or dry fry), served with two accompaniments of choice

KSH. 2,500

BEEF PLATTER

1 Kg of soft tendered cubed beef prepared to your liking (choma / roasted, wet or dry fry), served with two accompaniments of choice

KSH. 2,500

MBUZI PLATTER

Half (1/2 Kg) of goat meat prepared to your liking (choma / roasted, wet or dry fry), served with one accompaniments of choice

KSH. 1,500

STARLING BIRD MIXED GRILL

A platter of assorted butcher's cuts (chicken, goat, beef skewers & choma sausage) served with two accompaniments of choice and a plate of kachumbari

KSH. 2,500

Note: All the above dishes are served with seasonal vegetables and your choice of either fries, potato wedges, rice ugali or chapati



CHICKEN CAPON

Whole chicken prepared to meet your taste, served with mushroom sauce.

KSH. 2,200

CHICKEN BREAST

Crispy bread crumbled chicken breast served with mushroom sauce

KSH. 800

CHICKEN KIENYENJI

Succulent African style whole chicken (wet fry) served with two accompaniments.

KSH. 2,900

1/4kg DEEP FRIED CHICKEN

Marinated tandoori spiced chicken grilled to perfection

KSH. 750

FISH FILLET

Fresh water tilapia fillet coated in a secret Starling Bird rub and fried to perfection.

KSH. 1,200

WHOLE TILAPIA FISH

Plate size whole Tilapia seasoned and baked then served with coriander sauce

KSH. 1,200

Note: All the above dishes are served with seasonal vegetables and your choice of either fries, potato wedges, rice ugali or chapati



PASTA

STARLING BIRD PENNE PESTO

Pasta cooked with creamy pesto sauce topped with parmesan cheese

KSH. 800

(If added chicken)

KSH. 950

PENNE ARRABITTA

Italian penne pasta cooked in a spicy red sauce topped with grated parmesan cheese.

KSH. 800

SPAGHETTI BOLOGNAISE

Chilly corn minced in tomato garlic sauce topped with fresh parsley.

KSH. 750

SALAD BAR

CAESAR SALAD

Fresh lettuce, grated parmesan cheese, crunchy croutons, black pitted olives and a classic Caesar dressing.

KSH. 800

CHEF'S SALAD

Green lettuce, chicken flakes, avocado, mango seasoned with secret dressing.

KSH. 700



STARLING BIRD KIDDIES FAVORITES

FRENCH FRIES WITH TWO BEEF SAUSAGE AND MAYONNAISE COLESLAW SALAD. ----- KSH. 550

FISH FINGERS SERVED WITH FRIES ----- KSH. 650

BREAD CRUMPED CHICKEN DRUMSTICKS SERVED WITH FRIES. ----- KSH. 550

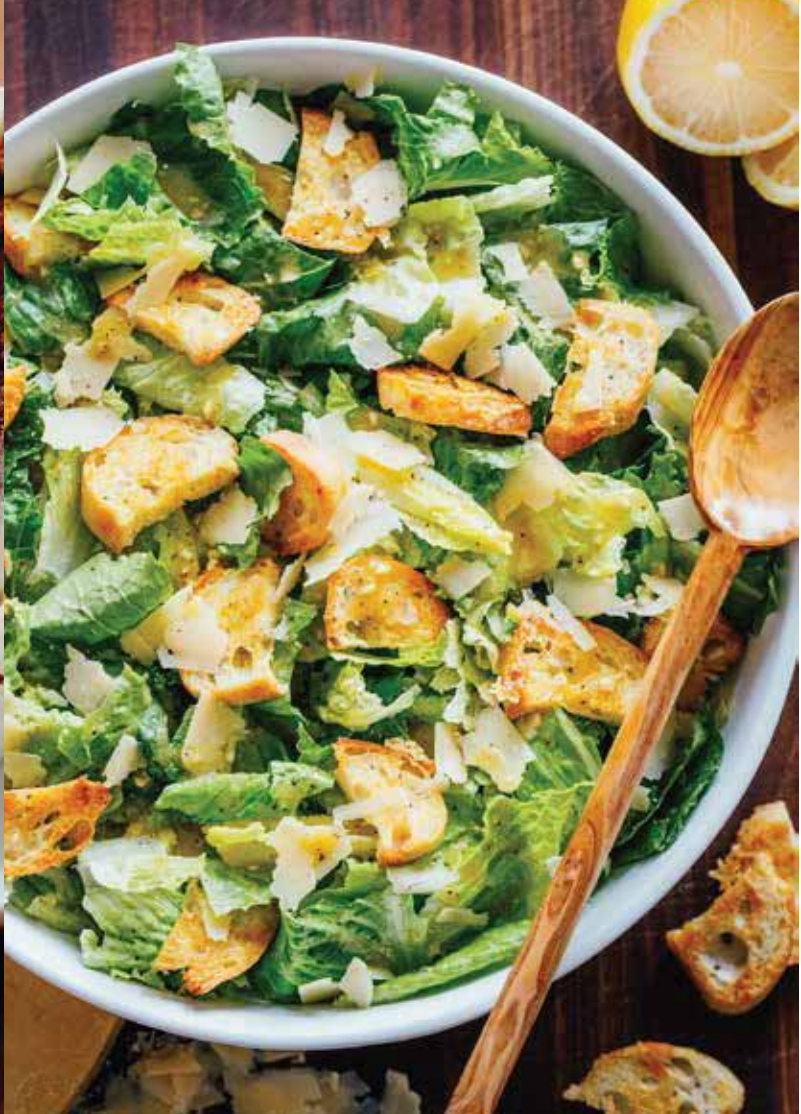
PLAIN FRENCH FRIES ----- KSH. 350

CHIPS MASALA ----- KSH. 400

KID'S PLATTER (ONE SAUSAGE, CHICKEN NUGGETS SERVED WITH FRIES) ----- KSH. 650

TWO (2) BEEF OR CHICKEN SKEWERS SERVED WITH FRIES ----- KSH. 500

GRILLED CHICKEN WINGS SERVED WITH CHIPS ----- KSH. 650



DESSERTS

FRUIT CUTS

Selected tropical fruits in season

KSH. 250

FRUIT SALAD

Diced tropical fruits with youghurt and honey or ice cream

KSH. 650

ICE-CREAM

Two scoops of strawberry / vanilla or chocolate ice cream

KSH. 450

SOFT DRINKS

Soda

KSH. 150

500ml water

KSH. 150

1 litre water

KSH. 250



Bon Appetit

DESSERTS

MILK SHAKE

KSH. 450

FRUIT SMOOTHIE

Mango or banana

KSH. 300

FRUIT JUICE

Per Glass

KSH. 350

PACKET JUICE

1 Litre

KSH. 600



Bon Appetit